

water, which rises from the earth at a temperature of 95.3 degrees Fahr., and is by no means unpleasant to taste. Nowhere in Germany, except at Neuenahr, are these alkaline thermal springs to be found, and they are used not only for drinking, but also for bathing.

The bathing establishment is well worth a visit, the three corridors containing the large well-ventilated and luxurious bath-rooms, over 100 in number, being connected with the Kurhotel by a cross gallery. The floors of the bath rooms are covered with deep red tiles, the prevailing colour of the walls and of the baths being white, so that a general impression of brightness, as well as scrupulous cleanliness, is received. By means of a special apparatus, both vertical and horizontal douches can be given at any desired heat or strength.

In addition to the thermal baths, carbonic acid, wave, and water stream baths are provided, as well as Fango (volcanic mud), sandbaths, hot air and light baths. Indeed, there appears to be no variety of bath which cannot be obtained in this up-to-date establishment; and trained masseurs and masseuses are in attendance. In addition, diseases of the respiratory organs can be treated by inhalation on Heyer's system, when the sprayed liquid is inhaled by means of deep breathing, or in a room filled up with one of Wassmuth's inhalation appliances, when the healing substance can be inhaled for lengthy periods without any exertion on the part of the patient.

Much more might be written of this wonderful Spa, the courtesy of its director, and the charm of its natural surroundings, which, combined with the curative effects of its healing springs, make it an ideal holiday and health resort. We wish for no better fate for the nurses who have recently visited it than to return there with patients in the course of their professional duty.

## AHRWEILER.

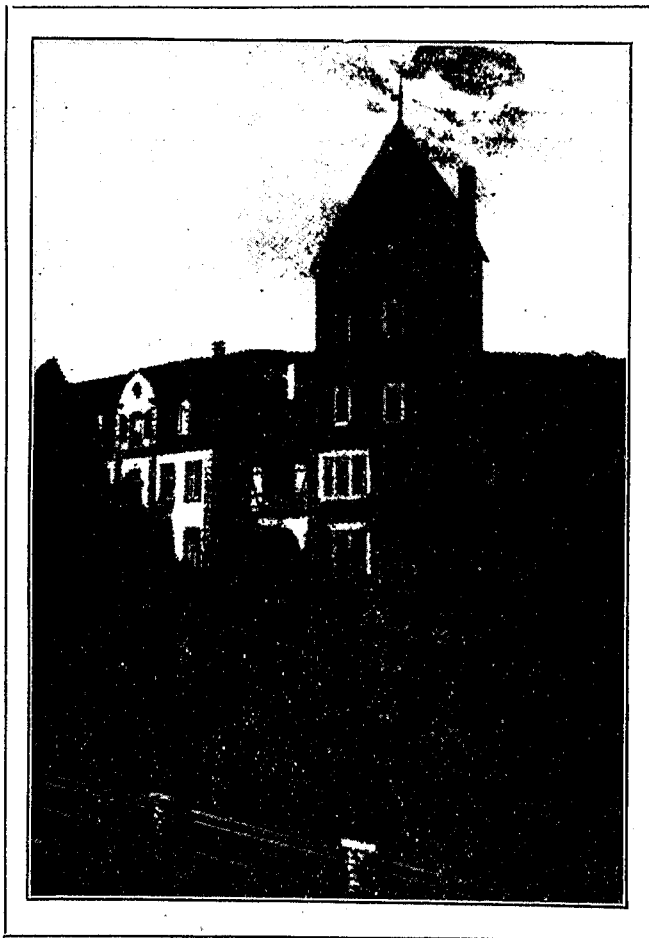
### HERR VON EHRENWALL'S SANATORIUM.

The pleasures of this last day of the Congress were not yet over, for there remained the hospitable invitation of Herr von Ehrenwall to view his Sanatorium for nervous and mentally diseased patients at Ahrweiler. A short journey in the train and a walk through the charmingly quaint streets of the little town brought us to the Sanatorium, where the members of the Congress were divided into four large parties, and conducted through this great establishment by as many guides.

The grounds comprise no less than 452 acres, and the foundation stone of the principal house was laid in 1882.

There are now a number of departments, including the house for restless patients, the Villa Maria, and the Villa Sophia, named after the director's daughters, and devoted to medical patients, the baths, under the care of a presiding genius named Johanna, so arranged that while there is perfect privacy for the patients, complete supervision is assured. The whole of the appointments are most sumptuous. One was struck also by the airiness of the whole establishment, which is not

always achieved in institutions of this kind; by the absence of any appearance of restraint, although some of the rooms were padded; by the arrangement for opening the windows in the Villa Maria, by means of which complete security with a maximum of fresh air were combined. The rooms for the patients were most comfortably and even luxuriously furnished. Some were bed-sitting rooms, others bedroom and sitting-room opening into one another. We were informed that the nurses on the staff are all trained before their appointment. They appeared to be of a high type, alert, kind, and competent.



SANATORIUM AHRWEILER, VILLA MARIA.

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